Dear Friends,

Here at Abingdon Health & Rehab, our mission is to provide piece of mind to those we care for our patients/residents, families and staff. Our caring and devoted staff assures that each of our patients/residents is receiving the highest level of dignity and quality of care at all times.

In our pursuit for excellence, we are committed as a center to not only understand our patients’ experiences, but also learn from them by identifying key ways to continually improve.

Your opinion matters to us because your loved ones matter to us! To effectively measure levels of satisfaction, we partnered with the National Research Corporation — a survey expert — to administer new patient surveys. This effort is part of our “We’re Listening” program. Please fill our and mail all surveys back for it is important to us to know how we are doing and in addition to shedding light on areas where we can enhance overall as a center.

We greatly appreciate your trust in us to care for your loved one😊
Paint the Town Purple Gala – June 23rd – Martha Washington
7:00 – 10:00pm

Join us by wearing your purple to support our residents/patients with dementia & Alzheimer’s disease! On Thursday June 23rd, 2016

This Month’s Birthdays

Staff Birthday for JUNE

6/5 Sandy Collins
6/6 Cindy Fox
6/14 Daniel Font
6/15 Theresa Sandefur
6/19 Judy Colley
6/20 Aundra Jenkins

Residents Birthdays
Eva Evans 6/01
Mary Clifton 6/04
Melvinia Arnold 6/08
Shirley Dingus 6/08
Bonnie Meade 6/08
Joan Sawyers 6/08
Aloa Hill 6/12
Barbara Mitchem 6/15
Marion Pratt 6/18
James Harless 6/23
Marie Hurt 6/24
June Bailey 6/27
Victoria Lockhart 6/28
Kathy has been with AHRC for three years. She goes above and beyond to make sure that each patient/resident meal plans are fulfilled. There is never a moment that you will see Kathy without a Smile. She has a very positive attitude and she is a good example of what good service excellence is about. I am proud to say that Kathy will become a new SEA member this year and we are proud to have her on our team here at AHRC.

**Employee of the Month**

**Kathy Stanley**

**Upcoming Event**

On Friday, June 17 at noon, we will host a Father’s Day Luncheon to honor all the special fathers at AHRC.

**Mark Your Calendars!**

**Date Time Event**

Friday, June 3 12:00 Cookout
Tuesday, June 14  Flag Day wear your Red, White and Blue
Monday, June 20 10:30 a.m. We will celebrate the first day of summer by making Lemonade
Thursday 23rd wear your PURPLE
Monday, 27th 2:00 Ice Cream Social
Thursday 30th 1:30 Art- 3:30 HL  Watermelon Social
Flag Day in the United States

People across the United States celebrate Flag Day on June 14 each year to honor the United States flag and to commemorate the flag’s adoption. On the same day, the United States Army celebrates its birthday.

What Do People Do? Flag Day falls within National Flag Week, a time when Americans reflect on the foundations of the nation’s freedom. The flag of the United States represents freedom and has been an enduring symbol of the country’s ideals since its early days. During both events, Americans also remember their loyalty to the nation, reaffirm their belief in liberty and justice, and observe the nation’s unity.

Many people in the United States honor this day by displaying the American flag at homes and public buildings. Other popular ways of observing this holiday include: flag-raising ceremonies; Flag Day services; school quizzes and essay competitions about the American flag; musical salutes; street parades; and awards for special recognition.

Organizations such as The National Flag Day Foundation are actively involved in coordinating activities centered on the event and keeping the flag’s traditions alive. Following Flag Day is Honor America Days, a 21-day period through to Independence Day (July 4) to honor America. During this period, people hold public gatherings and activities to celebrate and honor the nation.

Background On June 14, 1777, the Continental Congress replaced the British symbols of the Grand Union flag with a new design featuring 13 white stars in a circle on a field of blue and 13 red and white stripes – one for each state. Although it is not certain, this flag may have been made by the Philadelphia seamstress Betsy Ross, who was an official flag maker for the Pennsylvania Navy. The number of stars increased as the new states entered the Union, but the number of stripes stopped at 15 and was later returned to 13.

In June 1886 Bernard Cigrand made his first public proposal for the annual observance of the birth of the flag when he wrote an article titled “The Fourteenth of June” in the old Chicago Argus newspaper. Cigrand’s effort to ensure national observance of Flag Day finally came when President Woodrow Wilson issued a proclamation calling for a nationwide observance of the event on June 14, 1916. However, Flag Day did not become official until August 1949, when President Harry Truman signed the legislation and proclaimed June 14 as Flag Day. In 1966, Congress also requested that the President issue annually a proclamation designating the week in which June 14 occurs as National Flag Week.

The President is requested to issue each year a proclamation to: call on government officials in the USA to display the flag of the United States on all government buildings on Flag Day; and to urge US residents to observe Flag Day as the anniversary of the adoption on June 14, 1777, by the Continental Congress of the Stars and Stripes as the official flag of the United States.

Symbols

The American flag, also nicknamed as “Old Glory” or “star-spangled banner”, has changed designs over the centuries. It consists of 13 equal horizontal stripes of red (top and bottom) alternating with white, with a blue rectangle in the canton bearing 50 small, white, five-pointed stars. Each of the 50 stars represents one of the 50 states in the United States and the 13 stripes represent the original 13 colonies that became the first states in the Union.

June Holidays

- June 3 National Doughnut Day
- June 5 World Environment Day
- June 5 National Cancer Survivors Day
- National 5-11 National Garden Week
- June 6 D-Day Anniversary
- June 7 National Chocolate Ice Cream Day
- June 11 CNA Week Begins
- June 12-19 Men’s Health Week
- June 13-17 Healthcare Risk Management Week
- June 14 Family History Day
- June 14 Flag Day
- June 18 International Picnic Day
- June 19 Fathers’ Day
- June 21 First Day of Summer
- June 27 National Sunglasses/Sun Shades Day
- Alzheimer’s & Brain Awareness Month
- Cataract Awareness Month
- Great Outdoor Month
- Men’s Health Month
- Migraine and Headache Awareness Month
- Myasthenia Gravis Awareness Month
- National Fruit and Veggies Month
- National Recycling Month
- National Safety Month
- National Scleroderma Awareness Month
- Rose Month
Nursing Assistants Week is June. Abingdon Health & Rehab would like to extend a great big Thank You to all past and present Nursing Assistants for the care you deliver to the residents/patients and their families. We would like to thank each Nursing Assistant because they provide the greatest amount of direct care to our residents/patients. The Nursing Assistants here are the backbone of our center, and they have a great deal of responsibility for resident/patients safety and care. The Nursing Assistants here have a big job and they do it with such kindness and compassion. We are all so glad you are here . . . We have an excellent group of Nursing Assistants, and we couldn’t do what we do without them. Thank you to all our nursing assistants we appreciate all of your hard work in providing piece of mind to those we care for.

Our wish and message to the fine nurses. .May all the care and kindness they give others comes back to warm your heart. Again, thank you for all you do you are greatly appreciated you give comfort and hope to those who need it. Thank you for your dedication.
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<td>Lara Strebeck, Cindy Fox</td>
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